



Dr. Tushti Bhardwaj

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PROFILE

Dr. Tushti Bhardwaj holds B.A., M.A., M.Phil and Ph.D degree in Social Work from University of Delhi. She received specialized Palliative care education (M.Sc. Palliative Care) from King's College, London. She conducted her academic research on psycho-social aspects of cancer care focusing mainly on quality-of-life issues and care giving burden on families. With teaching experience of almost 18 years with University of Delhi, she authored many research papers in National and International reputed journals and a book titled "Living with breast cancer: dynamics and challenges". She has developed a Care giving burden assessment scale for family caregivers of cancer patients in Indian setting which is published by Indian leading publisher of psychometric tools. Her present international collaboration is with Cicely Saunders Institute, London, for translation and adaptation of Integrated Palliative Care Outcome scale (POS) for Indian Population. She is currently supervising Ph. D scholars in the area of health care.

Academic and Research Publications (*only few are mentioned from past few years*)

- Saroj, S. K., & Bhardwaj, T. Non-pharmacological interventions for tobacco cessation: A systematic review of existing practices and their effectiveness. *Monaldi Archives for Chest Disease*, March 2022 online first.
- Bhardwaj T & Bhardwaj, S: Emotional Concerns of Elderly during Corona virus Pandemic in India. *Indian Journal of gerontology*, 2021, Vol 35(2), pp.257-275.
- Bhardwaj T.: Attrition of Nurses in Cancer Care: Issues and Challenges. *Global Journal of Research Analysis*, April 2021, Vol 10(4), pp 23-25.
- Bhardwaj T: Social and Cultural Patterns of Grief: Identifying differences through existing evidences. *Indian Journal of Applied Research*, May 2021, Vol 11(5), pp 41-43.

- Bhardwaj T. Changes in social relationships after cancer: experiences of women breast cancer survivors. *Global Journal for Research Analysis*, June 2021, Vol 10 (6), pp
- Bhardwaj T: Knowledge and Perception about Cancer: a study among youth in Delhi. *International Journal of Scientific Research*, May 2021, Vol. 10(5), pp 79-80.
- Bhardwaj, T: Quality of life of head and neck cancer patients: Psychosocial perspective using mixed method approach, *Indian Journal of Palliative Care*, 2021, 27(2), 291-98.
- Bhardwaj, T. Palliative Care: Emerging field of Social Work Practice. In Roy, S. (ed.) *Social Work Education: Indigenous Perspectives*. Sage Publications, New Delhi, 2021.
- Bhardwaj, T. Evaluating a Human Rights Approach to Health in the Indian Context: Emerging Needs and Challenges. *Journal of Human Rights and Social Work* (2019). <https://doi.org/10.1007/s41134-019-00099-9>
- Bhardwaj, T.: Caregivers' Difficulty Rating Scale Manual. Prasad Psycho Corporation, New Delhi, 2019. ISBN: 978-93-84764-69-2. Product code: 16-5370-KT.
- Bhardwaj T.: Caregiver's Difficulty Rating Scale: Development and Initial Validation of a tool to identify the unmet needs of Indian Caregivers. *Indian Journal of Palliative Care*, 2018; 24 (3), 300-307.
- Bhardwaj T, & Koffman J. Non-pharmacological interventions for management of fatigue among children with cancer: systematic review of existing practices and their effectiveness. *BMJ Supportive & Palliative Care*. 2017;7(4):404-14.
- Bhardwaj T & Bhardwaj S.: Health needs of the elderly in lalitpur district in Uttar Pradesh, *Indian journal of gerontology* 2016 30(3), 322-336. ISSN 322-336 09714189
- Bhardwaj, T. Book Review: Poems of Gitanjali. *Academia*, 2016,182-183, 1 (1), 2395-0161.
- Bhardwaj T.: Living with breast cancer: dynamics and challenges, Bestword's Publications, New Delhi, 2015. ISBN: 978-93-85075-03-2.

Speaker in National and International Forum (sample from last couple of years only)

- Integrated Palliative Care Outcome Scale: translation and cross cultural adaptation for use in India at 14th Asian Pacific Hospice Palliative Care Conference of the Asia Pacific Hospice Palliative Care Network ,13 – 14 November, 2021, Japan.
- Translation, Cultural adaptation and Psychometric testing steps of Hindi IPOS in community Palliative Care settings at IPOS workshop of the Cicely Saunders Institute, King's College London, 29th March 2021.

- Integrated Palliative Care Outcome Scale: translation and adaptation for use in India, at international conference of Indian Association of Palliative care (IAPCON), 19-21 March, 2021.
- Understanding Health concerns of the elderly during corona virus pandemic at National Conference on Application of statistical tools in social sciences, 17-18 October 2020, organized by Zakir Hussain College, DU.
- Assessment of Palliative Care needs at the end of life: issues and challenges at 6th Indian Social Work Congress of NAPSWI at Delhi, 1st- 3rd Nov, 2018.
- Life style cancers and environmental risk factors: A systematic review of geographical locations in India” in National conference *on* environmental challenges for new India, *Organized by* Environment and Social Development Association (ESDA) and Dr. Bhim Rao Ambedkar College, University of Delhi on 2nd- 3rd June, 2018
- Palliative care needs of the elderly in India in National Seminar on empowering elderly in vulnerable constituencies: Role of state and civil society on 17th -18th February 2018, organized by Department of Social work, University of Delhi.
- Illness attribution, physical and psycho-social concerns of Asian people with multiple sclerosis in UK, in 25th International conference of Indian Association of Palliative Care, 24th-26th Feb 2018, Delhi, India.
- Invited speaker by Royal Society of Medicine, Annual meeting of Palliative care section London, UK on 17th June 2015 for presenting research work titled “comprehending the meaning of illness: a qualitative study of the Asian people severely affected with MS”.
- Health needs of the elderly in rural areas of lalitpur district in Uttar Pradesh, India, in 3rd International conference on gerontology and geriatric medicine, 27-29th November, 2015, Delhi, India.