

## DR. BHIM RAO AMBEDKAR COLLEGE

(University of Delhi)



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Ref.No. BRAC/OP/ /

Dated: 18-6-2019

## Notice

This is to be informed that preparations for celebrating International Day of Yoga 2019 are underway. Practice sessions have started from 14th June 2019 and will continue till 20<sup>th</sup> June 2019 in the college sports ground from 7:00 am- 7:35 am (as per the Ministry of Ayush protocol). The practice sessions are being conducted by the Yoga instructors from Bhartiya yog Sansthan.

College is also providing healthy refreshments on completion of each Yoga training session and a certificate of participation will be given to all students participated on 21st June 2019.

All are invited to be a part of this, annual event being organized by the Yoga committee.

Please note that each participant must report on 21st June 2019 in the college sports ground by 6:30 am.

Dr. Sangeeta Sharma

(Convener, Yoga Committee)

Re put on the college website by today is 18/6/19 positively

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