

## **B.A. (Hons.) Applied Psychology**

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This course is offered in our college and students pursuing it may aim to nourish academic and practical insight of psychological principles applied in day to day life.

Applied psychology is the use of psychological principles and theories to overcome problems in real life situations. Some of the areas of applied psychology include clinical psychology, counselling psychology, evolutionary psychology, industrial and organizational psychology, legal psychology, neuropsychology, occupational health psychology, forensic psychology, engineering psychology, educational psychology, sports psychology, community psychology.

### 3 Year (Six Semesters) CBCS Programme: Course Structure & Semester-Wise Allocation

<b>Paper (Semester- 1) (CBCS)</b>	<b>Type of Course</b>	<b>Paper (Semester- 2) (CBCS)</b>	<b>Type of Course</b>
Environmental Science	AECC-1, Compulsory	English Communication	AECC-2, Compulsory
Introduction to Psychology- I (Theory + Practical)	C1 ,Core Discipline	Introduction to Psychology-II (Theory + Practical)	C3, Core Discipline
Research Methodology & Data Processing in Psychology- I (Theory + Tutorial)	C2 ,Core Discipline	Research Methodology & Data Processing in Psychology- II (Theory +Tutorial)	C4, Core Discipline
Any <b>One</b> from the List of , Generic Elective from other courses / Interdisciplinary Courses	G1, Generic Elective	Any <b>One</b> from the List of Generic Elective from other courses / Interdisciplinary Courses	G2 Generic Elective
<b>Paper (Semester- 3) (CBCS)</b>	<b>Type of Course</b>	<b>Paper (Semester- 4) (CBCS)</b>	<b>Type of Course</b>
Applied Social Psychology- I (Theory+ Practical)	C5, Core Discipline	Applied Social Psychology- II (Theory + Practical)	C8, Core Discipline
Life Span Development (Theory + Practical)	C6, Core Discipline	Health Psychology (Theory + Tutorial)	C9, Core Discipline
Systems in Psychology (Theory + Tutorial)	C7, Core Discipline	Counseling Psychology (Theory + Practical)	C10, Core Discipline
Any <b>One</b> from the List of, Generic Elective from other courses / Interdisciplinary Courses	G3, Generic Elective	Any <b>One</b> from the List of , Generic Elective from other courses / Interdisciplinary Courses	G4 Generic Elective
Any <b>One</b> from the list of Skill Enhancement Course (SEC)	SEC-I, Skill Enhancement Course	Any <b>One</b> from the list of Skill Enhancement Course (SEC)	SEC-II, Skill Enhancement Course
<b>Paper Semester- 5 (CBCS)</b>	<b>Type of Course</b>	<b>Paper Semester- 6 (CBCS)</b>	<b>Type of Course</b>
Understanding Psychological Disorders- I (Theory + Practical)	C11, Core Discipline	Understanding Psychological Disorders- II (Theory + Practical)	C13, Core Discipline
Foundation of Industrial/ Organizational Psychology- II (Theory + Practical)	C12, Core Discipline	Foundation of Industrial/ Organizational Psychology- II (Theory + Practical )	C14, Core Discipline
Any <b>One</b> from the list of Discipline Specific Elective Course	DSE, Elective – I	Any <b>One</b> from the list of Discipline Specific Elective Course	DSE, Elective – III*
Any <b>One</b> from the list of Discipline Specific Elective Course	DSE, Elective – II	Any <b>One</b> from the list of Discipline Specific Elective Course	DSE, Elective – IV*

<p><b>List Of Discipline Specific Elective Course (DSE):</b></p> <p><i>(A Student would be free to choose any <b>Four</b> papers, 2 each in Sem V &amp; VI)</i></p> <ol style="list-style-type: none"> <li>1. Understanding Psychology (Theory+ Practical)</li> <li>2. Youth Psychology (Theory+ Practical)</li> <li>3. Living in Media World (Theory+ Practical)</li> <li>4. Psychology at Work (Theory+ Practical)</li> <li>5. Project/Dissertation</li> <li>6. Psychology of Peace (Theory+ Practical)</li> </ol>		<p><b>List Of Skill Enhancement Courses (Sec)</b></p> <p><i>Any <b>two</b> of the following : One per semester 3&amp; 4 respectively</i></p> <ol style="list-style-type: none"> <li>1. Stress Management (Theory+ Practical)</li> <li>2. Effective Leadership (Theory+ Practical)</li> <li>3. Communication Competence (Theory+ Practical)</li> </ol>	
<p><b>*Project Work/ Dissertation in lieu of one of the Discipline Elective Paper (Sem. VI)</b></p>			
<p>Note: College Reserves the right to change the options depending upon the availability of faculty and its profile, number of students, infrastructure and other factors prevailing at that time. It will be true for other courses also.</p>			