



## Faculty Details



Title	Prof.	First Name	TUSHTI	Last Name	BHARDWAJ	Photograph
Designation	Professor					
Address	Department of Social Work, Dr. Bhim Rao Ambedkar College, Yamuna Vihar, Main Wazirabad Road, Delhi- 110094					
Phone No Office	9711474047					
Email/ Web-Page	tushti.bhardwaj@bramb.du.ac.in					
Educational Qualifications						
Degree	Institution				Year	
Ph.D	Delhi School of Social Work, DU				2012	
M.Phil	Delhi School of Social Work, DU				2006	
M.A. ( Social Work)	Delhi School of Social Work, DU				2002	
M.Sc. (Palliative care)	King's College London, London				2014	
B.A. (Social Work)	Dr. Bhim Rao Ambedkar College, DU				2000	
Career Profile						
<ul style="list-style-type: none"> <li>• Professor, Department of Social Work, Dr. Bhim Rao Ambedkar College, DU</li> <li>• Visiting Faculty, Cicely Saunders Institute of Palliative Care Policy, Rehabilitation &amp; Research, King's College London, London, UK</li> <li>• Lecturer, Department of Social Work, Aditi Mahavidyalaya, DU</li> <li>• Counsellor, Rajiv Gandhi Cancer Hospital &amp; Research center</li> </ul>						
Administrative Assignments						
<ul style="list-style-type: none"> <li>• Convenor, Local Evaluation Center, Dr. Bhim Rao Ambedkar College, 2022-2024</li> <li>• Convenor, Placement Cell 2022-2024</li> <li>• Coordinator, Center for Multidisciplinary Research and Innovation 2022-2024</li> <li>• Convenor, Foreign Students, Dr. Bhim Rao Ambedkar College 2024</li> <li>• Convenor, Maintenance and Hygiene Committee 2023-24</li> <li>• Member, Examination Committee 2022-2023</li> <li>• Teacher Incharge, Social Work Department, Dr. Bhim Rao Ambedkar College, 2024-25 &amp; 2016-17</li> <li>• Field work Coordinator, Social Work Department, Dr. Bhim Rao Ambedkar College, 2017-18</li> <li>• Member, Governing Body of the College 2017</li> <li>• NAAC Steering Committee Member as TIC 2016-17</li> <li>• Member, Condemnation Committee, Dr. Bhim Rao Ambedkar College 2016-17</li> </ul>						

- Member, Curriculum Revision Committee UGCF 2018
- Member curriculum Revision Committee LOCF 2018-19
- Member Curriculum Revision Committee NEP 2022-24
- Member, Department Research Committee 2020-23
- Member, selection committee for appointment of ad hoc and guest faculty, 2016-17 & 2018-19
- Convenor Eco club 2007-2012
- Caretake NCC girls Army wing 2007-12
- Coordinator Green Cadets Schemes of Dr. Bhim Rao Ambedkar College, 2007-2012
- Governing body member, CanSupport, NGO in Delhi

#### Areas of Interest / Specialization

- (1) Health with special reference to psycho- social oncology and Palliative care
- (2) Gerontology
- (3) Research and
- (4) Psychometrics
- (5) Human Rights

#### Subjects Taught

1. Research in Social work (Core)
2. Social Legislation and Human Rights (DSE)
3. Concurrent field work/field work Practicum(core)
4. Human Growth and Personality Development
5. Introduction to Social work
6. Scale Development to Ph.D & M.Phil Scholars

#### Research Guidance

1 Scholar Awarded Ph.D, 1 scholar submitted thesis, 6 scholars pursuing Ph.D

#### Publications Profile

- Bhardwaj, T., Arora, N., Paul, A., & Chowdhary, P. (2023). Cultural Adaptation of Patient Health Questionnaire-9 in Hindi for Use with Patients with Cancer in Community Palliative Care Settings. *Indian Journal of Palliative Care*, 29(3), 292
- Bhardwaj, T., Chambers, R. L., Watson, H., Srividya, Higginson, I. J., & Hocaoglu, M. B. (2023). Translation and cross-cultural adaptation of the Integrated Palliative Care Outcome Scale in Hindi: Toward capturing palliative needs and concerns in Hindi speaking patients. *Palliative Medicine*, 37(3), 391-401.
- Bhardwaj, T., Mishra, S., Bhardwaj, S. :Menstrual hygiene awareness and perception among adolescent girls. *International Journal of Scientific Research*, Vol. 12(7), July 2023.

- Komolafe A, Bhardwaj T, Kaushik A. Risk Factors Associated with Lifestyle Cancers in India: A Systematic Review of Existing Evidences from Varied Geographical Locations. *Clin Case Rep Int.* 2022; 6: 1378.
- Saroj, S. K., & Bhardwaj, T. Non-pharmacological interventions for tobacco cessation: A systematic review of existing practices and their effectiveness. *Monaldi Archives for Chest Disease*, March 2022, VOL. 92 NO. 4 (2022), <https://doi.org/10.4081/monaldi.2022.2229>.
- Bhardwaj T & Bhardwaj, S: Emotional Concerns of Elderly during Corona virus Pandemic in India. *Indian Journal of gerontology*, 2021, Vol 35(2), pp.257-275.
- Bhardwaj T.: Attrition of Nurses in Cancer Care: Issues and Challenges. *Global Journal of Research Analysis*, April 2021, Vol 10(4), pp 23-25.
- Bhardwaj T: Social and Cultural Patterns of Grief: Identifying differences through existing evidences. *Indian Journal of Applied Research*, May 2021, Vol 11(5), pp 41-43.
- Bhardwaj T. Changes in social relationships after cancer: experiences of women breast cancer survivors. *Global Journal for Research Analysis*, June 2021, Vol 10 (6), pp
- Bhardwaj T: Knowledge and Perception about Cancer: a study among youth in Delhi. *International Journal of Scientific Research*, May 2021, Vol. 10(5), pp 79-80.
- Bhardwaj, T: Quality of life of head and neck cancer patients: Psychosocial perspective using mixed method approach, *Indian Journal of Palliative Care*, 2021, 27(2), 291-98.
- Bhardwaj T. Psychosocial issues of the women breast cancer survivors. *Journal of Social Work Education, Research and Action*, 2019, 5(3), 83-99.
- Bhardwaj, T. Evaluating a Human Rights Approach to Health in the Indian Context: Emerging Needs and Challenges. *Journal of Human Rights and Social Work* (2019). <https://doi.org/10.1007/s41134-019-00099-9>
- Bhardwaj T.: Caregiver's Difficulty Rating Scale: Development and Initial Validation of a tool to identify the unmet needs of Indian Caregivers. *Indian Journal of Palliative Care*, 2018; 24 (3), 300-307.
- Bhardwaj T, & Koffman J. Non-pharmacological interventions for management of fatigue among children with cancer: systematic review of existing practices and their effectiveness. *BMJ Supportive & Palliative Care*. 2017;7(4):404-14.
- Bhardwaj T & Bhardwaj S.: Health needs of the elderly in lalitpur district in Uttar Pradesh, *Indian journal of gerontology* 2016 30(3), 322-336. ISSN 322-336 09714189

- Bhardwaj, T. Book Review: Poems of Gitanjali. *Academia*, 2016,182-183, 1 (1), 2395-0161.
- Body Language: Key component in professional relationship. *Perspective in social work*, Vol. XX, No.2, May – Sep, 2005, 8-17.
- National Policy on older persons- a critical review. *Social Welfare*, Vol.52 (7), Oct, 2005, 3-6.
- Demographic changes and problems of adjustment of the aged, *Social Defence*, Vol.54, No.157, July – Dec, 2003, 49-59.

### **Chapters in Book**

- Bhardwaj,T. Palliative Care: Emerging field of Social Work Practice. In Roy, S. (ed.) *Social Work Education: Indigenous Perspectives*. Sage Publications, New Delhi, 2021.
- Bhardwaj,T. Psychometrics in Research. In Sharma M. Khanna P.& Reji, B.A. (ed.) *India's role in the G20 summit*. Ane Books Pvt. Ltd, New Delhi, 2023.
- Bhardwaj T, Saroj, S.S.& Borgohain, B.: *Empowering Communities*: In Reii, B.A. & Khanna M. (ed.) *A Comprehensive Guide to Social Development through Student Community Outreach and Internship*. Ane Books Pvt. Ltd, New Delhi, 2024
- Bhardwaj T, Batra S.: Social work intervention in psycho-somatic pain disorder. In Lal Das, D.K. & Bhaskaran,V(ed.), *Research methods for social work*, Rawat Publications, New Delhi, 2008, 66-89.
- Bhardwaj T.: Knowledge, attitude and practice of youth for environment management. In Singh, J(ed.) *Information technology and environment management*, M.D. Publications, New Delhi, 2008, 483-496.
- Bhardwaj T.: Towards professionalism-emphasis on strengthening field work. In Singh & Srivastava (ed.), *Teaching & practice of social work in India*, New Royal Book Company 2005, 207-213.
- Bhardwaj T.: Growth of social work education and training. Chapter for MSW programme of IGNOU, MSW002, Block 4, unit 1, pg 5-14. [Units all Block 4 MSW002 Final.pmd \(egyankosh.ac.in\)](#)
- Bhardwaj T. & Ranganathan, N.: Involvement of social workers in National Development, chapter for MSW programme of IGNOU, MSW002, Block 4, unit 3, 25-36. [Units all Block 4 MSW002 Final.pmd \(egyankosh.ac.in\)](#)

- Awareness level about cancer among college youth. Available at <http://www.jmi.nic.in.asc//publications.html>

### **Books and Manual**

- Bhardwaj T.: Living with breast cancer: dynamics and challenges, Bestword's Publications, New Delhi, 2015. ISBN: 978-93-85075-03-2.
- Bhardwaj, T.: Caregivers' Difficulty Rating Scale Manual. Prasad Psycho Corporation, New Delhi, 2019. ISBN: 978-93-84764-69-2. Product code: 16-5370-KT.

### **Development of e-learning module**

Two modules for E-Pathshala, Ministry of Human Resource and Development, Government of India

1. M23 Elderly and community engagement video programme

[http://epgp.inflibnet.ac.in/view\\_f.php?category=1769](http://epgp.inflibnet.ac.in/view_f.php?category=1769)

2. M 25 Palliative care and community engagement :

[http://epgp.inflibnet.ac.in/view\\_f.php?category=1769](http://epgp.inflibnet.ac.in/view_f.php?category=1769)

### Two courses for Vocational course on Elderly care offered by NIOS, MHRD

1. Maintenance and welfare of elderly: <https://youtu.be/bpCgNy0e3ro>
2. National Policy on senior citizens : <https://youtu.be/DovlW6yfTm4>

### **Conference / Presentations /Workshops**

- Cross-cultural validation of IPOS for patients living with cancer in India, outcome measurements in palliative and End of life care with POS family of measure, organized by Cicely Saunders Institute, King's College London, London, 1<sup>st</sup> May 2024
- Integrated Palliative Care Outcome Scale: translation and cross cultural adaptation for use in India at 14<sup>th</sup> Asian Pacific Hospice Palliative Care Conference of the Asia Pacific Hospice Palliative Care Network ,13 – 14 November, 2021, Japan.
- Translation, Cultural adaptation and Psychometric testing steps of Hindi IPOS in community Palliative Care settings at IPOS workshop of the Cicely Saunders Institute, King's College London, 29<sup>th</sup> March 2021.

- Integrated Palliative Care Outcome Scale: translation and adaptation for use in India, at international conference of Indian Association of Palliative care (IAPCON), 19-21 March, 2021.
- Understanding Health concerns of the elderly during corona virus pandemic at National Conference on Application of statistical tools in social sciences, 17-18 October 2020, organized by Zakir Hussain College, DU.
- Assessment of Palliative Care needs at the end of life: issues and challenges at 6<sup>th</sup> Indian Social Work Congress of NAPSWI at Delhi, 1<sup>st</sup>- 3<sup>rd</sup> Nov, 2018.
- Life style cancers and environmental risk factors: A systematic review of geographical locations in India” in National conference *on* environmental challenges for new India, *Organized by* Environment and Social Development Association (ESDA) and Dr. Bhim Rao Ambedkar College, University of Delhi on 2<sup>nd</sup>- 3<sup>rd</sup> June, 2018
- Palliative care needs of the elderly in India in National Seminar on empowering elderly in vulnerable constituencies: Role of state and civil society on 17<sup>th</sup> -18<sup>th</sup> February 2018, organized by Department of Social work, University of Delhi.
- Illness attribution, physical and psycho-social concerns of Asian people with multiple sclerosis in UK, in 25<sup>th</sup> International conference of Indian Association of Palliative Care, 24<sup>th</sup>-26<sup>th</sup> Feb 2018, Delhi, India.
- Invited speaker by Royal Society of Medicine, Annual meeting of Palliative care section London, UK on 17<sup>th</sup> June 2015 for presenting research work titled “comprehending the meaning of illness: a qualitative study of the Asian people severely affected with MS”.
- Health needs of the elderly in rural areas of Uttar Pradesh, India: Identifying unmet needs and satisfaction from services, in 1<sup>st</sup> meeting on International Network on prevention of elder abuse, AIIMS, Delhi, 27<sup>th</sup> -29<sup>th</sup> November, 2015

#### Research Projects (Major Grants/Research Collaboration)

1. PD, ICSSR CRP 178 under Year of Millets Schemes 2023- “Health Benefits of Millets: A study of assessing awareness and consumption of millets among youth in Delhi NCR”- Major project.
2. Cultural Adaptation and implementation of IPOS in clinical Practice in India, CSI, King’s College London & CanSupport 2021-till date

3. Cultural Adaption of PHQ Hindi in Palliative care settings in India, CanSupport 2022-24
4. Spiritual concerns of Patients with Cancer, CanSupport 2022-24

#### Awards and Distinctions

- Selected for faculty exchange programme of University of Delhi 2012-13, to pursue M.Sc. Palliative Care from King's College, London.
- Best Paper presentation award at IAPCON 2021, New Delhi
- Best Poster Presentation award at European Association of Palliative Care Conference (EAPC) 2021
- Best Presentation award at POS & IPOS Workshop at King's College London, 2024
- Best Paper Presentation at Academic Staff College, Jamia Millia Islamia, New Delhi, July 2008

#### Association With Professional Bodies

- Membership of NAPSWI, No.: NAPSWI/DEL/LIFE/2070.
- Membership of Indian Association of Palliative Care LF/T/40.
- Member of Cansupport, NGO in Delhi

#### Other Activities

1. Research and capacity building training to Palliative care staff at CanSupport, two staff presented research paper at IAPCON 2023
2. Translation and Validation of IPOS in Hindi for use in palliative care settings
3. Translation and validation of PHQ for use with cancer patients
4. Clinical implementation of IPOS in Cansupport
5. Member, Unnat Bharat Abhiyaan, University of Delhi, 2020
6. Organization of Inclusive Mega Job fairs in collaboration of Samarthanam trust 2022 & 2024, recruited 238 and 117 youth respectively

  
 Signature of Faculty Member

- You are also requested to also give your complete resume as a DOC and PDF file to be attached as a link on your faculty page.