



DR. BHIM RAO AMBEDKAR COLLEGE (University of Delhi)

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PRESS RELEASE

Counselling Committee of Dr. Bhim Rao Ambedkar College organised one day Sensitisation Workshop on Drug Prevention, Treatment and Care on 16 January 2020 in college auditorium. Dr. G. K. Arora, Principal has discussed the mechanism of one's life at family and peer levels and how such workshops are crucial for awareness of drug abuse in youth. **Dr. Deepak Yadav (AIIMS)** was invited as a resource person has discussed psychological and physical compulsions that act as coping mechanism in different individuals using drugs through visual presentation and his wise two-way communication with audience. Dr. G.K. Arora, Principal and Dr. **Richa Chowdhary**, Convener of counseling committee took a pledge during "Swachhta Pledge Taking Ceremony" with the students and faculty during celebration of **Swachhta Pakhwada 2020** (16th of January 2020 to 31st January 2020) and discussed the objectives of government cleanliness campaigns for developing an accountable mechanism to keep our surrounding clean and understand the importance and participate in cleanliness drive. A community youth band performance by "SADHO" gave an impactful experience as they performed the mystic side of music through rich Indian culture. Another resource person **Mr. Aroon Kumar (SPYM)** has conducted various interactive activities with the students to make the workshop more live and interesting for the youth and discussed important issues related to drugs and ill effects of drugs. More than 100 students have participated and benefitted from the discussion and documentary screening which focused on inspiring stories on "Everything is Possible" and another video on how one wrong decision can take a life of another person by giving a message of "Don't drink and Drive" and if the person does it should be considered as murder.

(Dr. Richa Chadkay)
Convener

SHA: Email

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