

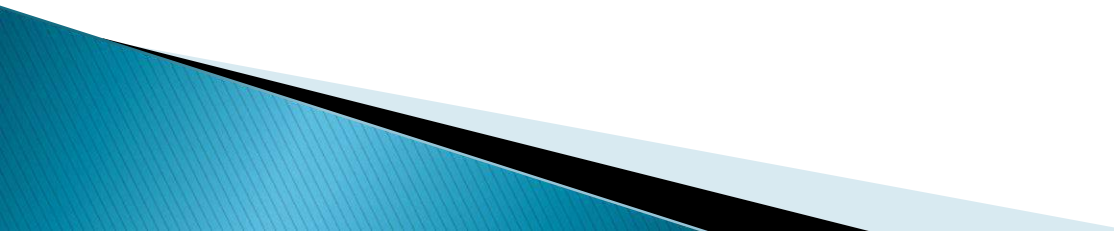
# Dr. Bhim Rao Ambedkar College (University of Delhi)

## ***“Anti-tobacco Committee”***

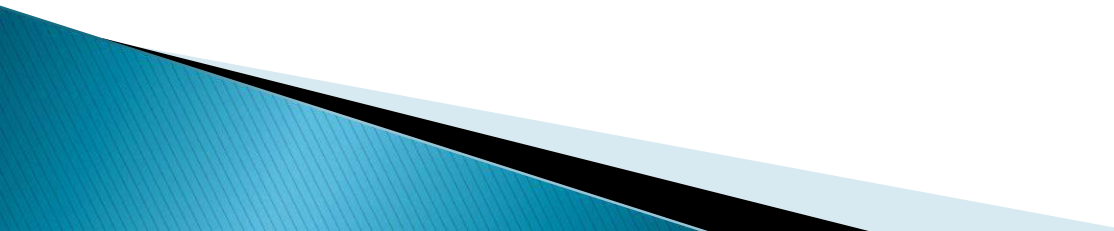
Convenor  
Lalit Kumar

Principal  
Dr. G.K.Arora

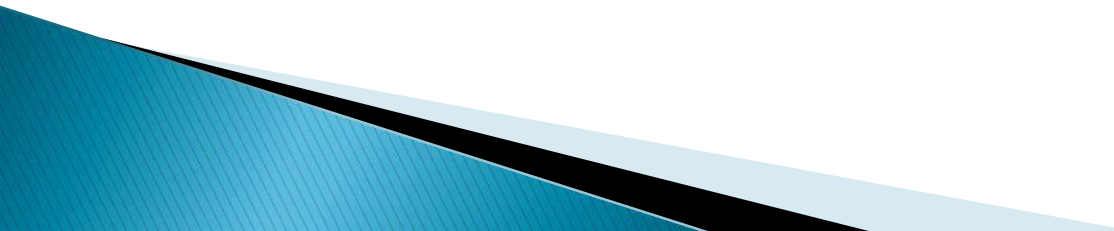
# Anti-tobacco Committee

- ▶ Members–Dr.Ravinder Singh
  - ▶ Mrs Pratibha Verma
  - ▶ Special Invitees–Dr.Rajbala Gauttam
  - ▶ Dr.Sarla Bhardwaj
- 

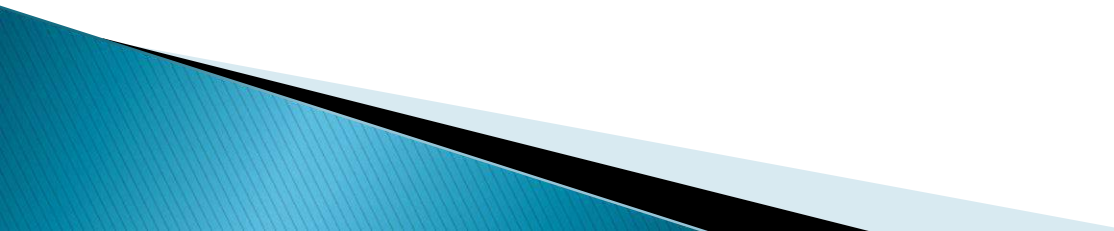
# Anti-tobacco Campaign

- ▶ Motivational Talk by Dr.Manju Gupta and Monica Gupta Dated 4<sup>th</sup> November 2016
  - ▶ Poster Making competition Dated 3<sup>rd</sup> November 2016
  - ▶ Anti-tobacco Rally in Gokulpuri Village Dated-8<sup>th</sup> November 2016
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# Motivational Talk

- ▶ Dr. Manju Gupta, ex-head, Hindurao Hospital, delivered a lecture on the ill-effects of tobacco consumption. She emphasized on meditation, Yoga and self introspection as tools to get rid of this bad habit. She said that life would be more meaningful and purposeful with right lifestyles, action and positive thought. This can come with students learning the right way to conduct themselves and spread the message of tobacco free environment.
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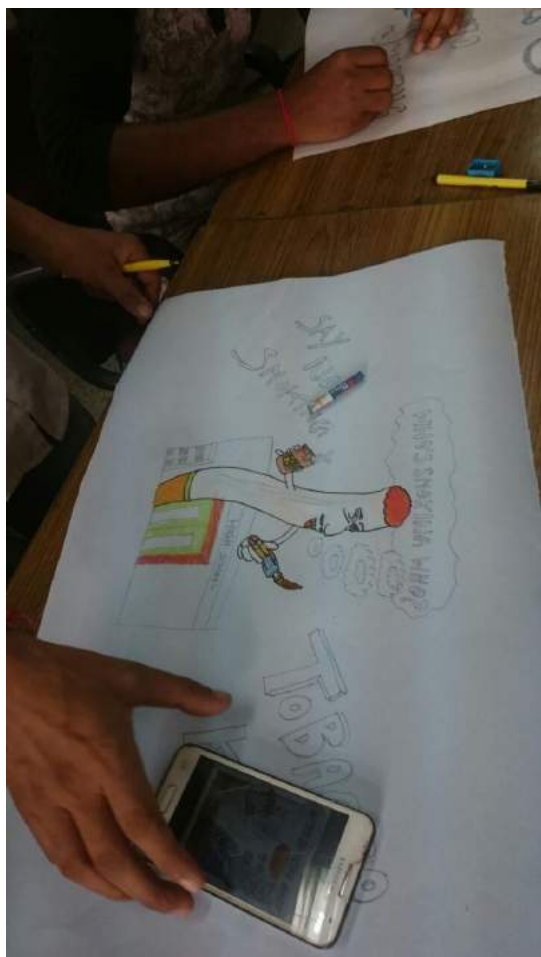
# Poster Making Competition

- ▶ A poster making competition was held in the college to create awareness amongst the students and to frame the expression of different students on the posters. The students expressed their thoughts and views on tobacco consumption by making posters. The students were awarded prizes and participation certificate.
- 



# Poster making Competition

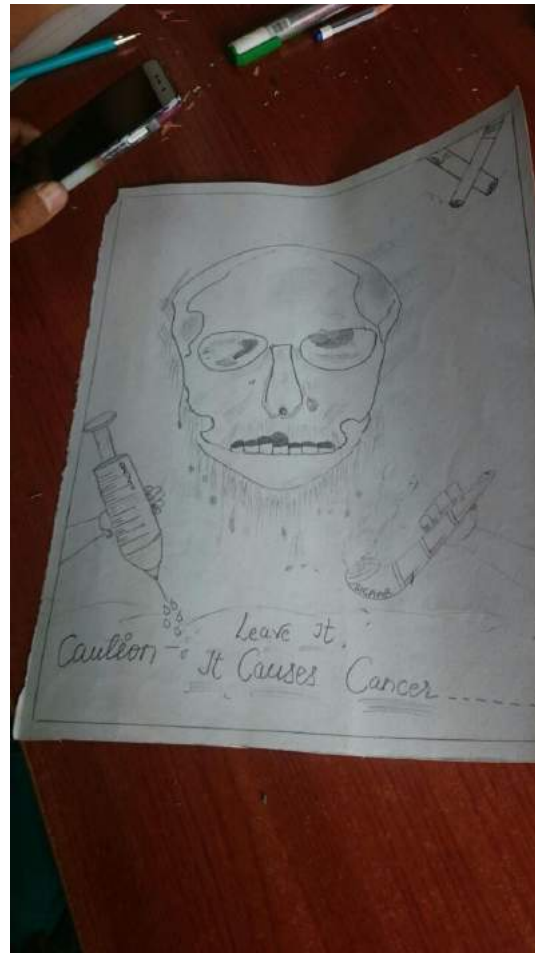




आप सिगरेट को नहीं.....  
सिगरेट आपको पीती हैं?  
इसका नतीजा सिर्फ मौत है।

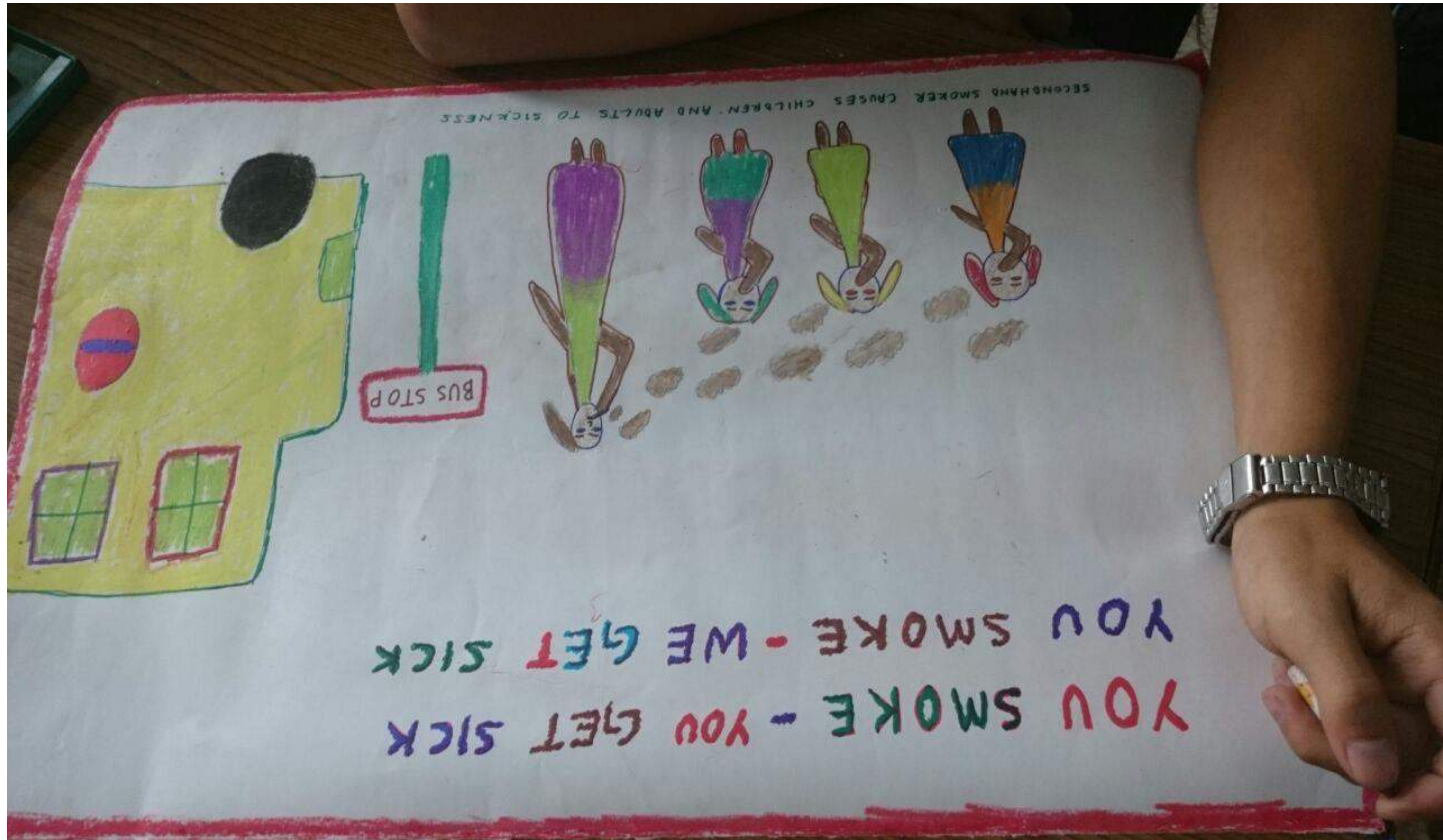




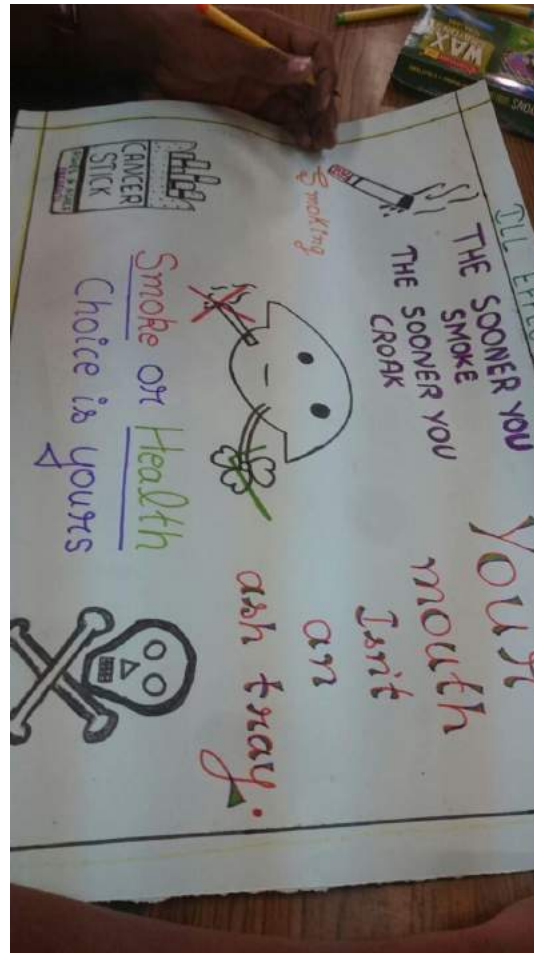




# You Smoke we get sick

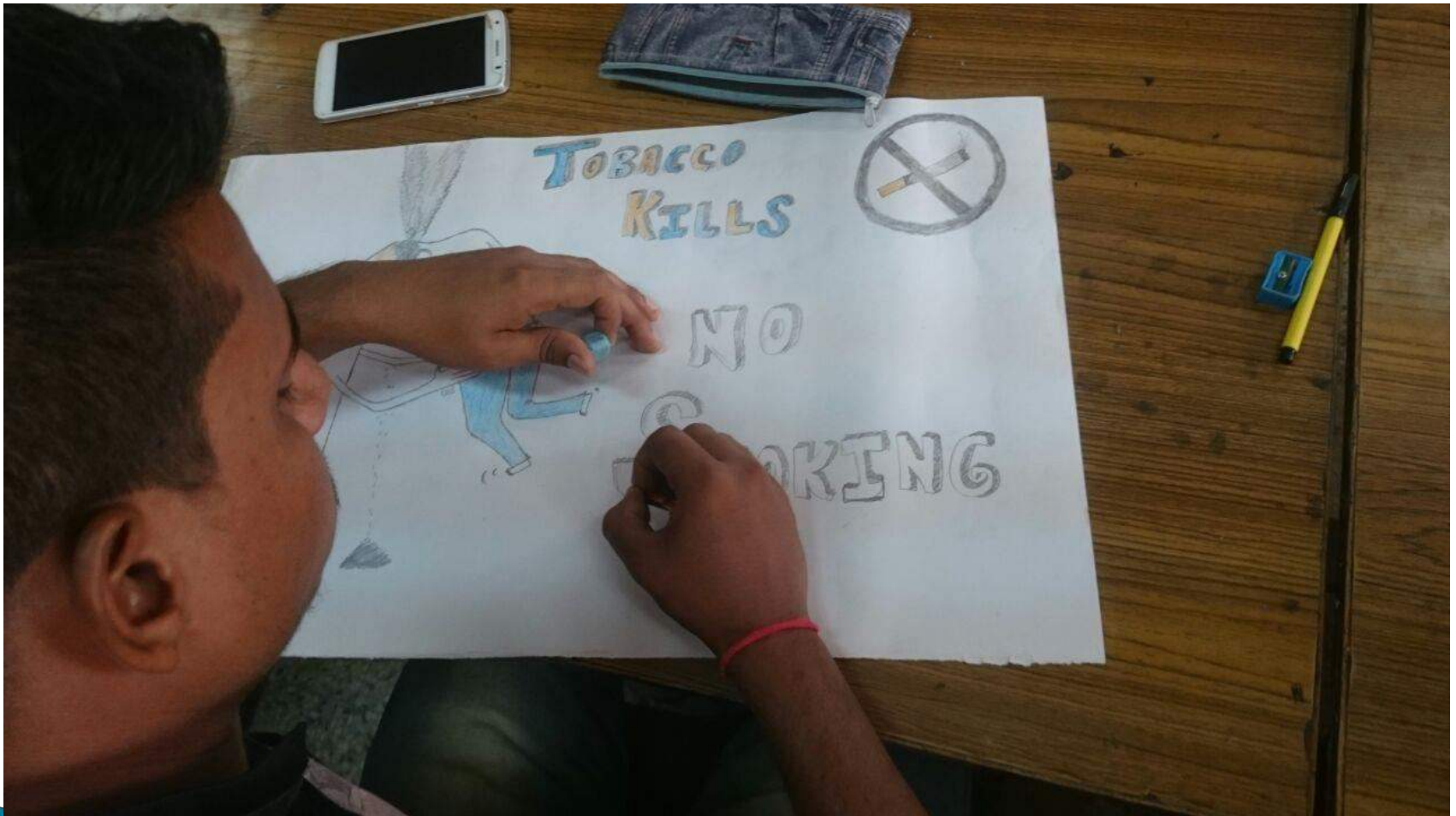


# Smoke or Health? Choice is yours.



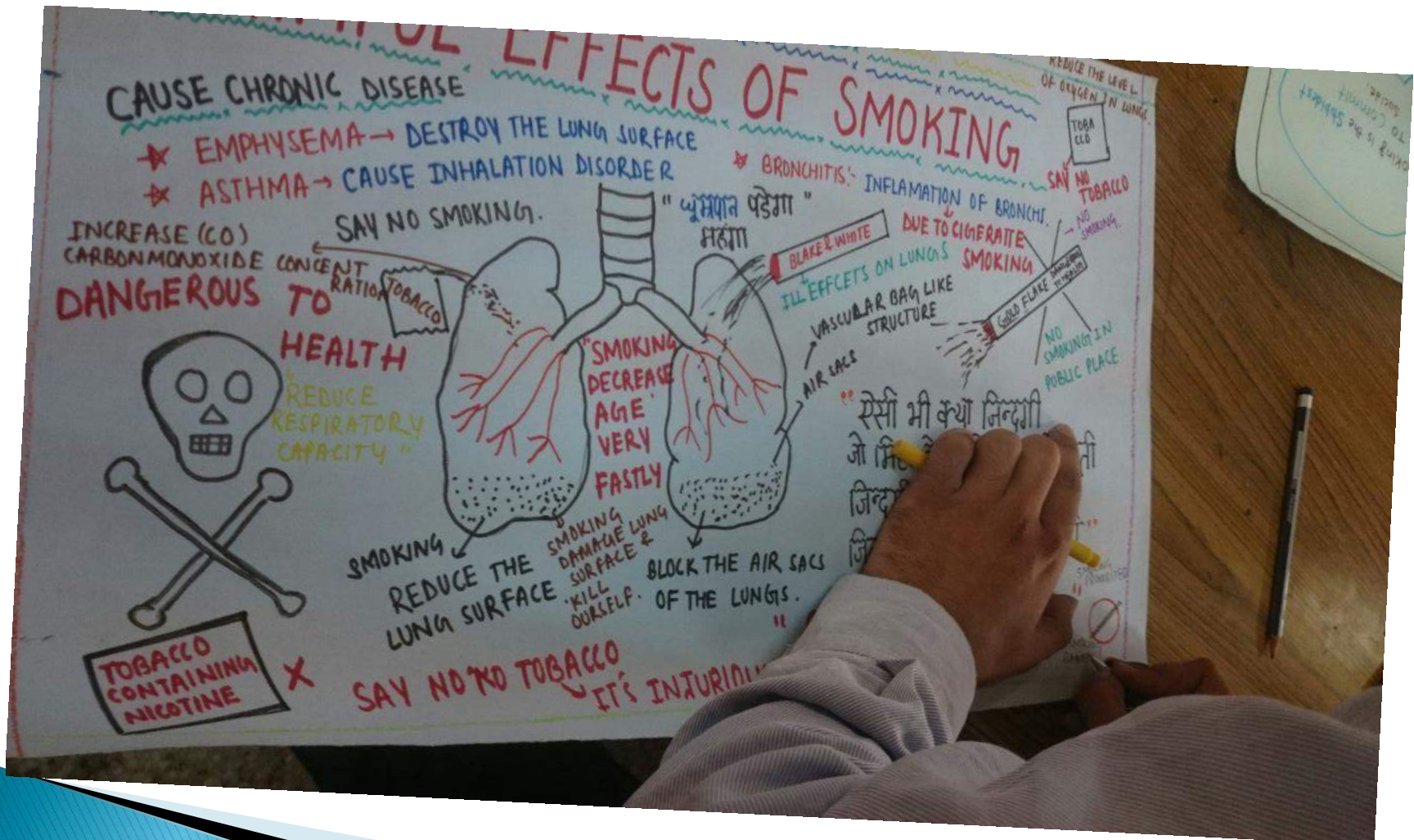


# ***Tobacco Kills.....***



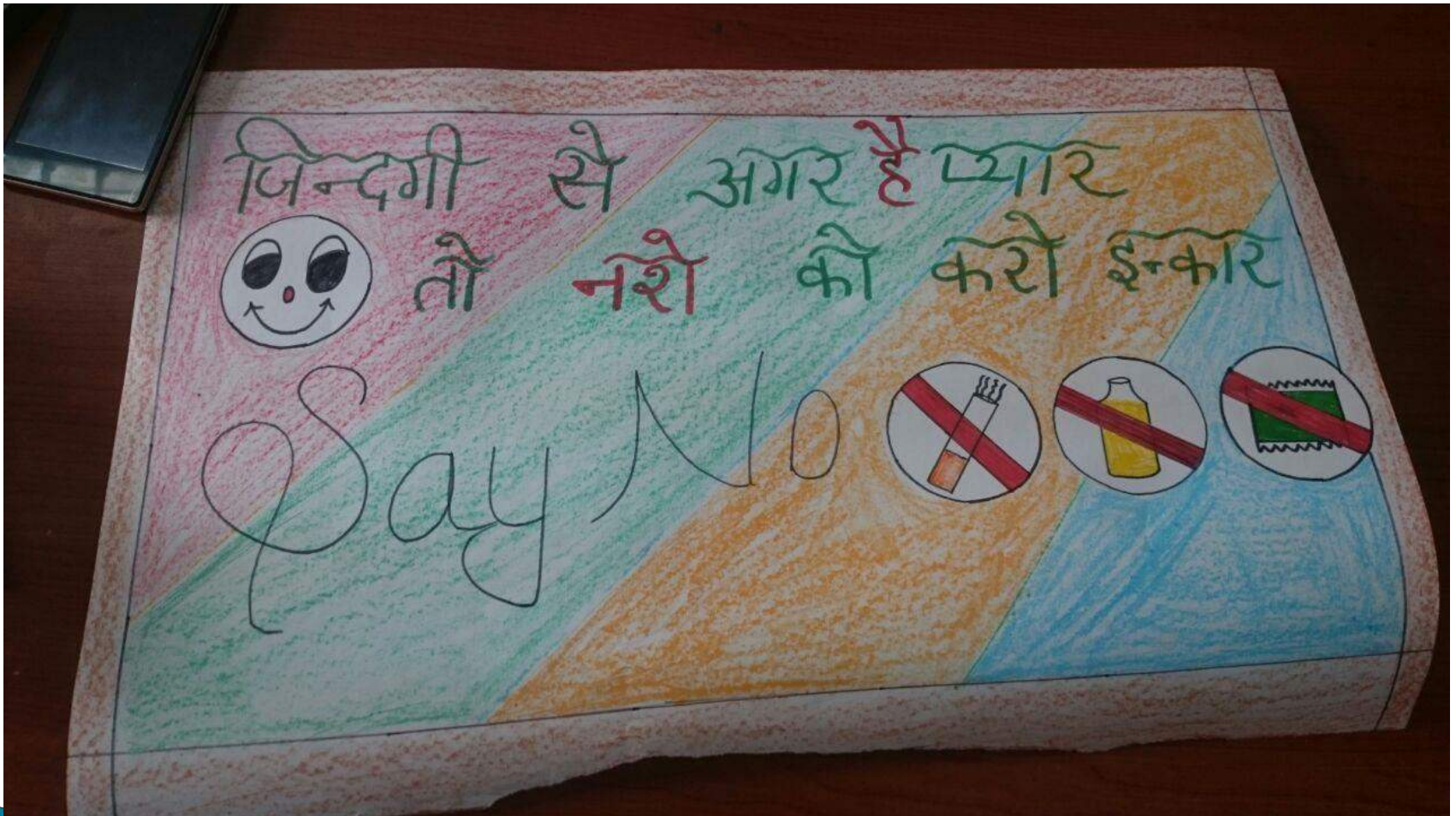


# III Effects of Smoking.....

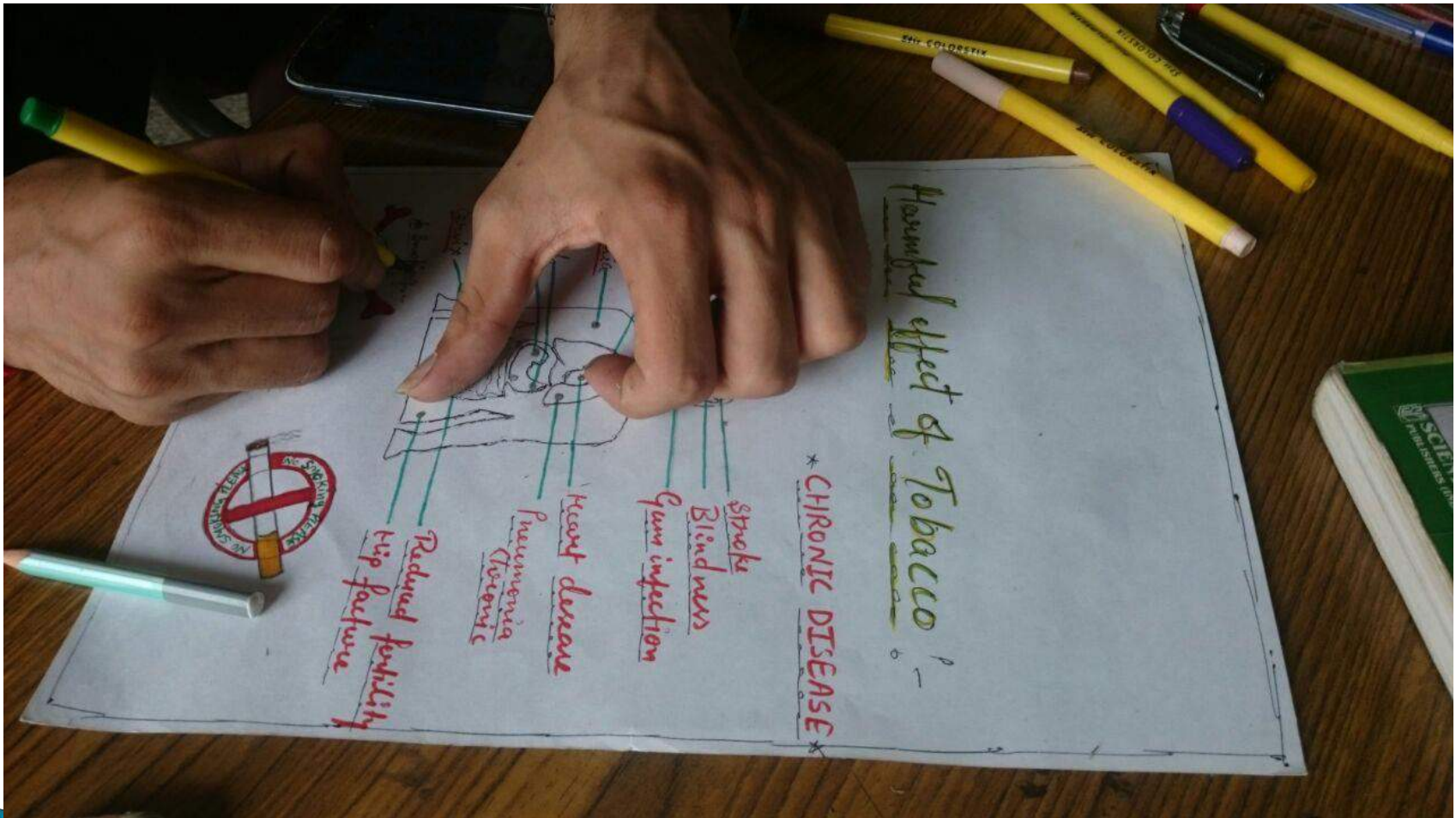




# Say No to Tobacco



# Chronic Diseases....

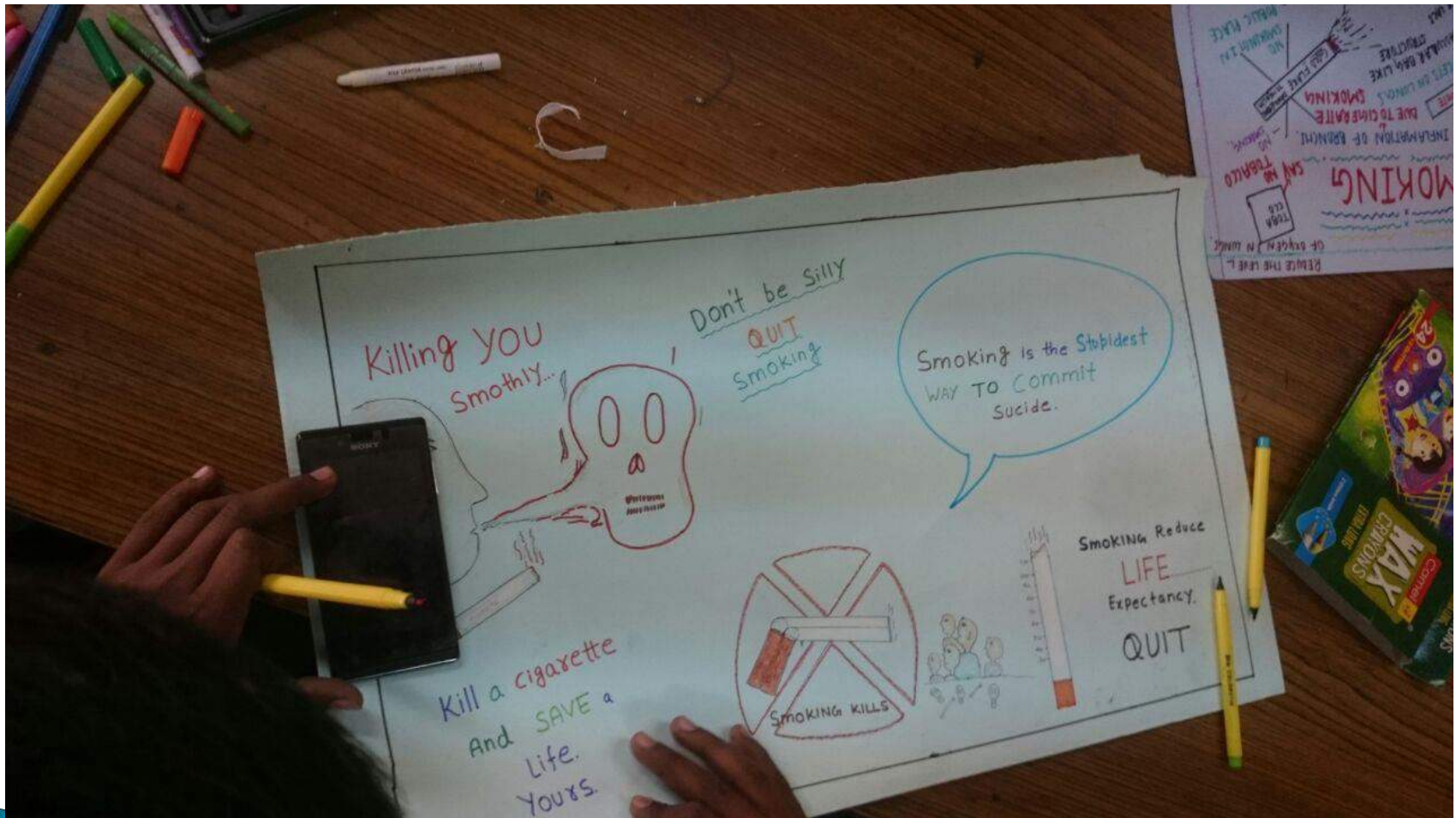




# Smoking Affect the Enviroment



# Smoking kills you.....





# *Smoking is injurious to health*



***Kill the cigrates or it kills you***







# No Tobacco Day...



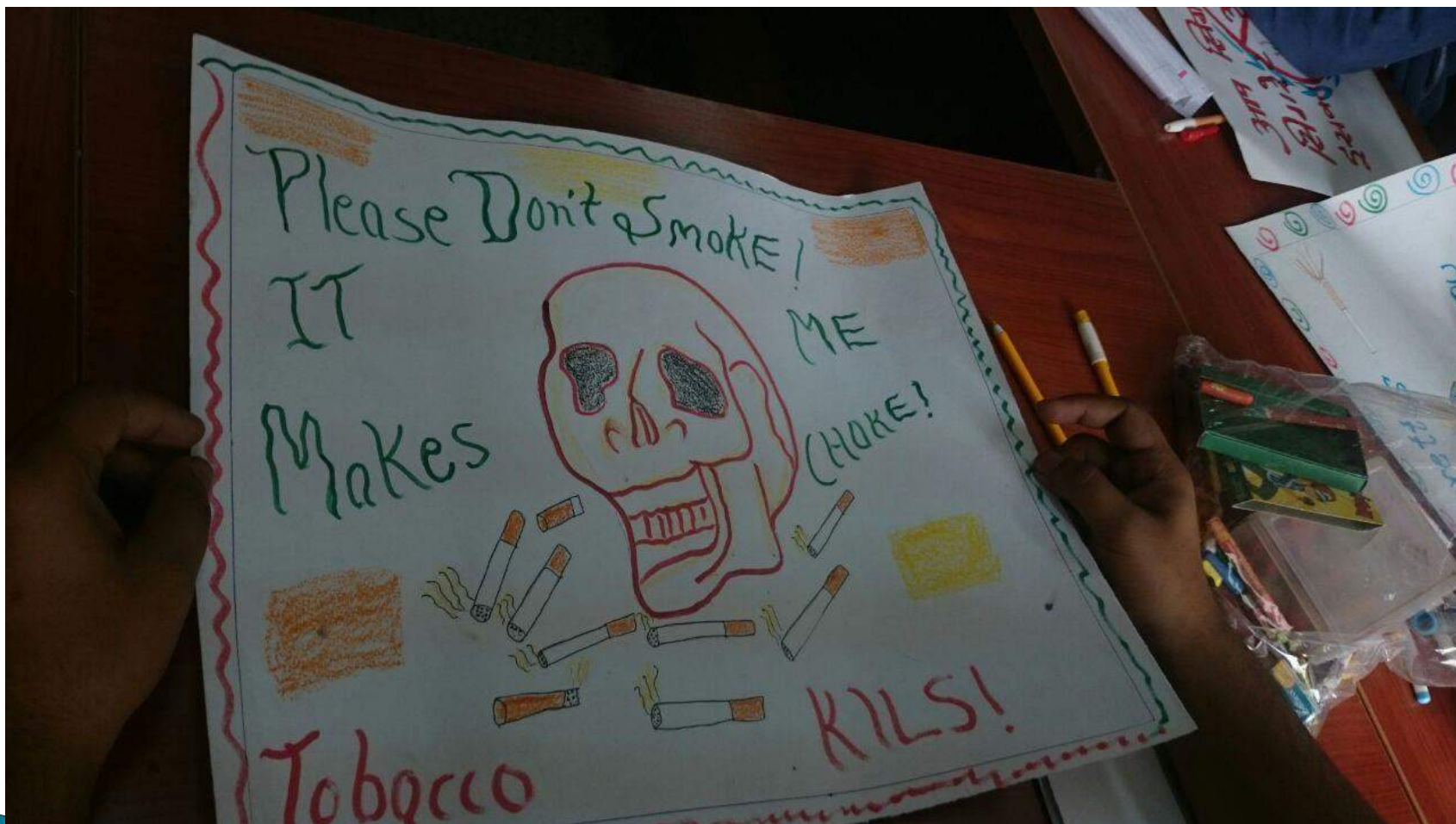


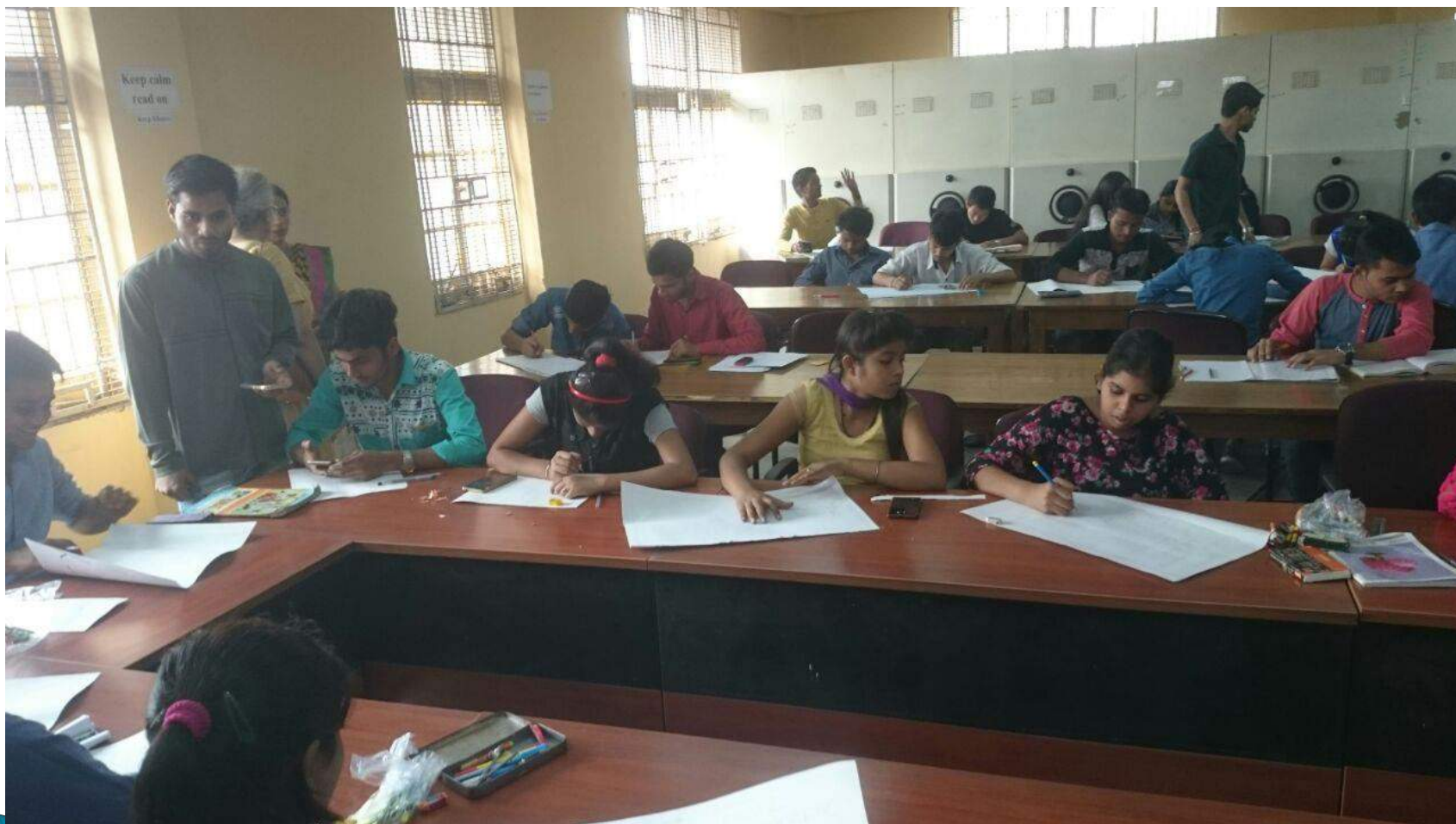
# Stop Tobacco



















# Anti-tobacco Rally

Convenor-Lalit Kumar

Teachers coordinators- Mrs.Pratibha Verma  
Dr.Rajbala Gauttam

▶  
**Student coordinators-**

Manish Iktania(Student President)  
Nikhil Nagpal  
Saalim Hayat  
Apoorva Gupta  
Sidharth

**Venue-College campus to Gokulpuri Village**



# ANTI-TOBACCO RALLY

- ▶ An Anti-tobacco Rally was organized by the college students and teachers in the Gokulpuri Village. There is high incidence of smoking in the village around Delhi with even minor kids getting this bad habit. Posters and banners were specially made for the rally and were displayed through out the procession. The main message was live life fully and cut back on all bad smoking habits

# *ANTI-TOBACCO CAMPAIGN*





















































































